

PACIFIC COUNTY: SPECIAL HEALTH CARE NEEDS RESOURCE GUIDE



These resources are provided as a support that may be helpful, they do not replace medical advice or professional services and should not be used to treat or diagnose a health problem.

AUTISM RESOURCES



What is Autism?

“Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication. According to the Centers for Disease Control, autism affects an estimated 1 in 36 children in the United States today.”

<https://www.autismspeaks.org/what-autism>

Autism Speaks

<https://www.autismspeaks.org/>

Seattle Children's Autism Center

<https://www.seattlechildrens.org/clinics/autism-center/patient-family-resources/>

Autism Society

<https://autismsociety.org/>

Autism Facts

<https://www.cdc.gov/ncbddd/autism/facts.html>

AUTISM RESOURCES



After Diagnosis

“Treatment for ASD should begin as soon as possible after diagnosis. Early treatment for ASD is important as proper care and services can reduce individuals’ difficulties while helping them build on their strengths and learn new skills. People with ASD may face a wide range of issues, which means that there is no single best treatment for ASD. Working closely with a health care provider is an important part of finding the right combination of treatment and services.”

[https://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-asd#:~:text=Autism%20spectrum%20disorder%20\(ASD\)%20is,first%202%20years%20of%20life.](https://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-asd#:~:text=Autism%20spectrum%20disorder%20(ASD)%20is,first%202%20years%20of%20life.)

100 Day Kits

<https://www.autismspeaks.org/tool-kit/100-day-kit-young-children>

<https://www.autismspeaks.org/tool-kit/100-day-kit-school-age-children>

Adult Autism Diagnosis

<https://www.autismspeaks.org/tool-kit/adult-autism-diagnosis-tool-kit>

Resource Guides

<https://www.autismspeaks.org/resource-guide>

Guidebooks for Families

<https://researchautism.org/families/guidebook-series/>

SMART TEAM REFERRALS FOR PACIFIC COUNTY



WHAT IS SMART TEAM?

The SMART (School Medical Autism Review) Team consists of community service providers who have the experience and passion for supporting local families. The SMART team will make recommendations or referrals to a Certified Center of Excellence (COE) Provider who is able to evaluate and provide an Autism diagnosis if one is warranted.

WHAT WE DO

Our Team meets bi-monthly to review referrals and determine the next steps for families. We work closely with the Children and Youth with Special Health Needs (CYSHCN) program to ensure that families are provided with resources and a next- steps-plan whether their child receives an Autism diagnosis or not.



<https://www.pacificcountyhealth.com/special-care>

HOW TO MAKE A REFERRAL

Anyone can make a referral to the SMART Team for a child **10 years of age or younger**, including medical professionals, school districts, service providers, and parents. There is no cost to families for this service. If you are from an agency/school district/medical office etc. and are referring a family to the SMART Team, we ask that you please inform the family about the referral prior to sending it in, thank you.

There are three ways to make a referral:

- Use the Online Referral Form
- Print out a Referral Form
- Contact a SMART Coordinator

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DDA RESOURCES



Developmental Disabilities Administration

“The Developmental Disabilities Administration is transforming lives by providing support and fostering partnerships that empower people to live the lives they want. The 2023-2025 DDA Strategic Plan describes our work and expected outcomes to accomplish the mission.”

<https://www.dshs.wa.gov/dda>

Steps to Enrollment

<https://www.dshs.wa.gov/dda/consumers-and-families/eligibility>

Programs & Services

<https://www.dshs.wa.gov/dda/developmental-disabilities-administration-services-programs>

Service & Information Request

<https://www.dshs.wa.gov/dda/service-and-information-request>

Resource Links

<https://www.dshs.wa.gov/dda/resource-links>



Children & Youth with Special Health Care Needs

“In the Children and Youth with Special Health Care Needs (CYSHCN) program, we promote connected systems of care for children and youth with special care needs from birth through transition to adulthood. We work with national, state, local, and community partners to help connect CYSHCN and their families to the health and related services they need to thrive.”

<https://doh.wa.gov/you-and-your-family/infants-and-children/health-and-safety/children-and-youth-special-health-care-needs>

Prevalence of Special Health Care Needs

<https://mchb.hrsa.gov/sites/default/files/mchb/programs-impact/nsch-data-brief-children-youth-special-health-care-needs.pdf>

Resources

<https://doh.wa.gov/you-and-your-family/infants-and-children/health-and-safety/parents-and-families-services-and-resources>

Miss Shayla's List

<https://medicalhome.org/wp-content/uploads/2024/02/shaylas-resource-list.pdf>

MCH RESOURCES

Maternal & Child Health

“The Maternal and Child Health Bureau (MCHB) strengthens public health systems to meet the needs of America’s mothers, children, and their families. We reach more than 61 million pregnant people, infants, and children, including children with special health care needs.”

<https://mchb.hrsa.gov/>

National Maternal Mental Health Hotline

[1-833-TLC-MAMA \(1-833-852-6262\)](https://www.1833TLCMAMA.org)

WIC (Women Infant Child)

<https://www.pacificcountyhealth.com/wic>

Maternal & Infant Health

<https://www.cdc.gov/maternal-infant-health/about/>

CDC_Aref_Val=<https://www.cdc.gov/reproductivehealth/maternalinfanthealth/index.html>



ADDITIONAL RESOURCES



Coastal Community Action Program

<https://www.coastalcap.org/>

The ARC of Grays Harbor

<https://arcgh.org/>

ESD (Educational Service District) 112 & 113

<https://www.esd112.org/>

<https://www.esd113.org/>

Basics Northwest

<https://www.basicsnw.com/>

Division of Vocational Rehabilitation (DVR)

<https://www.dshs.wa.gov/dvr/about-dvr>